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# Instrumentation for advances in PET medical imaging

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#### Contents

PET – positron emission tomography
Current topics in PET
Flexible limited angle PET scanner
Cherenkov radiation based PET scanner
Conclusions and summary

#### Interplay of detector R&D for particle physics and medical imaging

- Traditionally excellent collaboration of the two research areas.
- Novel detection techniques required in particle physics  $\rightarrow$  with modifications a potential application in medical physics
- ... and vice versa...

One of the recent examples: SiPMs as scintillation light sensors for

- Electromagnetic calorimeters
- PET scanners

# PET: positron emission tomography 2

In the blood of the patient a substance is administered that contains radioactive fluorine (e.g. fluorodeoxyglucosis). The places in the body with a higher substance concentration will show a higher activity.



### PET: collection of data



## PET: image reconstruction

Image reconstruction: from the position and direction of the lines determine the distribution of the radioactive fluorine in the body – similar to the reconstruction of

reactions in particle physics





# PET with a time-of-flight information

Detectors for  $\gamma$  rays measure also the time of arrival

 – coincidence of two hits is only acceted if the two times are <10 ns appart

In case time is measured with a much better precision (<1ns)  $\rightarrow$  an additional constraint on the point of origin of the two  $\gamma$  rays along the line  $\rightarrow$ time-of-flight (TOF) PET

- in the reconstruction, each line contributes to fewer pixels  $\rightarrow$  less noise
- $\bullet$  good resolution in time-of-flight  $\rightarrow$  limits the number of hit pixels along the line



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# TOF-PET: positron tomography with a time of arrival measurement



# **TOF-PET:** time resolution



t1 = (L/2 - x)/c source at x, distance between detectors = L t2 = (L/2 + x)/ct1 - t2 = 2x/c

 $x = (t1 - t2) c/2 \rightarrow \Delta x = \Delta (t1 - t2) c/2$ 

resolution in TOF  $\Delta(t1-t2) = 300 \text{ ps} \rightarrow \Delta x = 4.5 \text{ cm}$  $\Delta(t1-t2) = 66 \text{ ps} \rightarrow \Delta x = 1 \text{ cm}$ 

# Motivation for Fast TOF PET

- Paradigm shift in medicine from:
  - From Treatment of obvious disease
  - to early diagnosis / prevention
- This leads to more stringent requirements on PET
  - Sensitivity
  - Specificity
- Targeted Radionuclide Therapy (TRT) & Theranostics
  - introduced an urgent need for more widespread and accurate PET

Number of PET scanners per million people

# **Current situation**

- Standard clinical scanners are sub-optimal:
  - Cost of equipment, limited access, performance.
- Novel long axial PET scanners offer a very attractive solution in terms of
  - increased sensitivity and
  - enabling fast pharmacokinetics/pharmacodynamics.
- They pose significant challenges both
  - Financially
  - Logistically



# State-of-the-art in TOF (CTR)

- Clinical scanner:
  - Siemens Biograph Vision PET/CT  $\rightarrow$  **214 ps**



https://www.siemenshealthineers.com/molecularimaging/pet-ct/biograph-vision

- Laboratory measurement:
  - Gundacker et al, Phys. Med. Biol. 65 (2020) 025001 (20pp)
  - $2 \text{ x } 2 \text{ x } 3 \text{ mm LSO} \rightarrow \textbf{58 ps}^{\ast}$
  - 2 x 2 x 20 mm LSO  $\rightarrow$  98 ps\*

\*measured with high power readout electronics that cannot be scaled to large devices

### Gamma detectors for PET



Effective sensitivity 
$$S_{\text{eff},D} \propto \eta_{\text{det}}^2 \eta_{\text{geom}} \frac{D}{\Delta t}$$

- detection efficiency  $\eta_{\rm det}$  of the detector
- $\eta_{\text{geom}}$  the geometrical efficiency (angular coverage)
- *D* the diameter of the object imaged

#### Important: Optimize detector CTR to maximize sensitivity

#### Limitations on timing due to optical travel time

- optical photons, produced in the crystal, need to reach the photodetector
- inside the crystal, optical photons propagate with at a lower speed (c/n) than gamma rays (c)
- refractive index, crystal dimensions → intrinsic travel time spread due to different gamma interaction depths
- for a 15 mm long crystal this contribution is > 40 ps FWHM:



- Can in principle be corrected for by:
  - measuring the depth of interaction (DOI)
  - building the detector with shorter crystals  $\rightarrow$  multi-layer configuration
  - use Cherenkov radiation doi: <u>10.1109/TRPMS.2022.3202138 / Potential</u> of a Cherenkov TOF PET scanner

#### Next generation scalable time-of-flight PET

# Superb time resolution enables simplifications in the scanner design



will generally produce distorted images with artefacts unless they have good **time-of-flight** information

The angular sampling requirement to obtain distortionfree images decreases S. Surti, J. S. Karp, Physica Medica 32 (2016) 12–22

G. Razdevšek *et al.*, "Multi-panel limited angle PET system with 50 ps FWHM coincidence time resolution: a simulation study," in *IEEE TRPMS*, doi: 10.1109/TRPMS.2021.3115704.

# Potential benefits

Mobility

Portable or bedside PET imaging
 Flexibility

- Adjustable FOV and sensitivity
- Modularity
  - Combining multiple panels  $\rightarrow$  multiorgan/total-body PET scanner

Accessibility

 Reduced manufacturing cost and complexity





#### Simulation of a limited angle system

**Geant4/GATE**  $\rightarrow$  Monte Carlo simulations of digital phantoms and different scanner designs

**CASTOR**  $\rightarrow$  image reconstruction with Maximum Likelihood Expectation Maximization (**MLEM**) algorithm

- Investigate the benefits of coincidence time resolutions
- Study the performance **two-panel** and **fourpanel** designs





#### **Enabling Open Geometry systems**



Siemens Biograph Vision

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### Simulation study of planar configurations



Simulated arrangement of 30x30 cm2 flat panel detectors



Percent contrast versus background variability (~noise level in the image)









Reconstructed images of a torso and head for the flat panel detectors and the reference scanner Siemens BV

#### Next generation scalable time-of-flight PET

Address PET challenges by decreasing different contributions using fast CTR

Joint effort: JSI, FBK, ICCUB, I3M, Oncovision and MGH-Harvard

- Front electronics: develop a low-noise, high-dynamic-range ASIC with a time resolution of 20 ps & on-chip TDC
- Improve SiPM sensor
- Explore 2.5 D integration with the photo-sensor to achieve sub-100 ps CTR

Aim: Improve (SNR) without increasing cost associated with axial coverage by resorting to very sparse angular coverage of the patient and long axial field coverage



### Joint project

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Managed to get a 3 MEUR EU grant for 5y to further develop the method and construct a prototype <sup>(2)</sup>

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### Fast CTR PET module

#### How do we plan to achieve such a good CTR?



# FastIC readout chip

#### FASTIC current mode ASIC for fast single photon sensors

- Collaboration of ICCUB (Univ. Barcelona) and CERN
- 8 Inputs: 8 Single Ended (POS/NEG), 4 differential and summation (POS/NEG) in 2 clusters of 4 channels.
- **3 Output modes:** (1) SLVS; (2) CMOS; and (3) Analog.
- Active analog summation of up to 4 SE channels to improve time resolution



- High dynamic range with linear energy response
- Adapted to different detectors: LYSO/LSO, BGO, Cherenkov, Monolithic, etc



talk by David Guberman (ICCUB) at MEDAMI2022



## First results with FastIC

- Sensor: FBK-NUVHDLFv2b 3x3 mm<sup>2</sup>, 40 pixel pitch.
- Crystal: LSO:Ce Ca 0.2% of 2x2x3 mm<sup>3</sup>.



- SPTR with FBK-NUVHDLFv2b 3x3 800 SPTR sigma = 64.39 ps 700 FWHM G = 151.62 ps 600 mu G = 21.694 sj 500 400 300 SPTR sigma = 59.39 ps FWHM  $\vec{G}$ +E = 151.16 ps mu G+E = 21.668 200 100 0 20.5 21.0 21.5 22.0 22.5 23.0 20.0 Delay (ns)
- CTR versus crystal length for LYSO and LSO



talk by David Guberman (ICCUB) at MEDAMI2022

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# Next generation ASICs

- ICCUB and CERN are working on FastIC+: integration of 25 ps bin TDC integration on FastIC
  - Planned for Q1 2023
- On the longer term we plan for a 32 ch. ASIC (FastIC32)
  - Pixelated structure: 2.5D (BGA, flip-chip, etc) or 3D integrated





FastIC 32

talk by Alberto Gola (FBK) at MEDAMI2022

#### **FBK SiPM sensor**

#### 2.5D integrated SiPM tile for improved timing

In the short and medium term - medium density interconnection

- excellent timing on large photosensitive areas w/o increasing complexity + cost too much.
- SiPMs with TSVs down to 1 mm pitch are connected to the readout ASIC on the opposite side of a passive interposer, in a 2.5D integration scheme.



# From Limited angle to Total-body

#### Increased sensitivity by larger panels



Capability of the planar TOF PET imager: Image of a reconstructed 3 mm slice of an digital phantom acquired by two 120x60cm2 panel detectors (above and below the patient) assuming 100 ps TOF resolution and 10 mm LYSO scintillator thickness.



### Conclusions: limited angle PET scanner

- Good coincidence time resolution can:
  - compensate for lower detection efficiency or smaller angular coverage
  - enable us to obtain good image quality with a simple limited angle PET system without distortions or artifacts
- We plan to enable open geometry designs and enable wider spread of PET imaging modality by reducing different contributions to CTR :
  - Optimize scintillator thickness
  - Improve SiPM TSV
  - Fast ASIC
  - 2.5D integration
  - If new faster scintillators emerge, all the detector components will be available to deploy them immediately

# Use of Cherenkov light in TOF-PET

#### **Use of Cherenkov radiation for TOF-PET**

- lead fluoride (PbF<sub>2</sub>) as Cherenkov radiator
- material
- Previous work
- Limitations of Cherenkov TOF-PET
  - single photon detection limited scatter suppression
- Image quality with Cherenkov TOF-PET
  - -whole-body scanner simulations
  - -crystal readout configurations
  - -results

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https://photodetectors.ijs.si/

# One of the important particle identification methods in HEP: use Cherenkov radiation

A charged track with velocity  $v=\beta c$  exceeding the speed of light c/n in a medium with refractive index n emits polarized light at a characteristic (Cherenkov) angle,

 $\cos\theta = c/nv = 1/\beta n$ 



Excellent identification method, but very low light level = few detected photons

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#### **Measuring Cherenkov angle**



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# Use of Cherenkov Light in TOF-PET

γ detectors in traditional PET: scintillator crystal + photodetector

Charged particles (e produced by  $\gamma$  interactions) passing trough dielectric material with  $v > c_0/n \rightarrow prompt$  Cherenkov light Excellent Cherenkov radiator material: **lead fluoride (PbF**<sub>2</sub>)

	BGO	LSO	PbF <sub>2</sub>	<u>PbF<sub>2</sub> properties:</u>
Density (g/cm <sup>3</sup> )	7.1	7.4	7.77	
μ <sub>511keV</sub> (cm <sup>-1</sup> )	0.96	0.87	1.06	- excellent $\gamma$ stopping properties
Photofraction for 511 keV	0.41	0.32	0.46	J
Raise time $(\tau_r)$	2.8 ns	70 ps	-	
Decay time ( $\tau_d$ )	300 ns	40 ns		nura Charankay radiator (na
Light yield/511 keV (LY)	3,000	15,000	<b>10</b> (‡)	- pure cherenkov radiator (no
	I			scintillation)

(‡) in the 250-800 nm wavelength interval

- excellent optical transmission (down to 250 nm), high refractive index (n  $\sim$  1.8)

#### - low price (1/3 BGO $\rightarrow$ 1/9 LSO)

[Mao, IEEE TNS 57:6 (2010) p.3841]

### **Previous results**



Part of it in collaboration with T. lijima et al; some results already reported at a KMI Wine and cheese seminar in 2016

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# Limitations of Cherenkov TOF-PET

Only 10-20 photons created → **only a few detected** 

efficient photodetector and light collection needed

SiPM

- Optical photon travel time spread in the crystal
  - remaining limitation to TOF resolution



- Limited suppression of scattered events:
  - only a few Cherenkov photons detected
  - $\rightarrow$  no energy information
  - detection efficiency drops with lower gamma energy
    - $\rightarrow$  intrinsic suppression

#### Effect of remaining scatter on image quality?







# Whole-body scanner simulations

- Simulation: GATE v8.1
- Geometry:
  - Based on Siemens Biograph Vision PET/CT
    - ring: 19 modules (Axial FOV: 26.3 cm)
    - module: 2 x 8 block detectors
    - block detector: 4 x 2 mini-blocks
    - mini-block: 5 x 5 crystal array
    - . crystal: 3.2 x 3.2 x 20 mm<sup>3</sup>
- Optical simulations (Cherenkov):
  - Surfaces: Geant4 UNIFIED model
    - reflector (diffuse, R=95%, n=1.0)
    - **black** (R=0%, n=1.5)
  - Photodetector: Hamamatsu S14520 SiPM
    - Single Photon Time Resolution (SPTR): **70 ps** FWHM
    - SiPM dark counts not modeled
- Reconstruction: CASToR v3.1.1
  - Custom double Gaussian TOF kernel [CASToR workshop]
  - OSEM-8it:5sub, 1.6 mm voxel, 5 mm filter





# Crystal readout configurations

**Reference scanner** 

- LSO scintillator
- Energy window: 435-585 kev
- Energy resolution: 10%
- CTR: 214 ps

Cherenkov photon generation, propagation simulated
Timing defined by first optical photon detected

![](_page_35_Figure_7.jpeg)

SPTR = single photon time resolution

# **Results: CTR distributions**

![](_page_36_Figure_1.jpeg)

### **Results: NECR**

![](_page_37_Figure_1.jpeg)

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•The "Noise Equivalent Count" is the number is the number of counts from a Poisson distribution (standard deviation estimated by SQRT{N}) that will yield the same noise level as in the data at hand.

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#### **Results: Image Quality**

• NEMA image quality phantom

![](_page_38_Picture_2.jpeg)

![](_page_38_Picture_3.jpeg)

1-sided-210ps-720ps

![](_page_38_Figure_5.jpeg)

![](_page_38_Figure_6.jpeg)

![](_page_38_Figure_7.jpeg)

**Reference-scanner-214ps** 

2-sided-124ps-438ps

••••

6-sided-122ps-233ps

#### **Results:** Total-body

Long axial field of view (LAFOV)  $\sim 1$  m Image quality metrics:

-Mean Structural Similarity Index -Measure (MSSIM) Normalized Root Mean Square Error (NRMSE)

![](_page_39_Picture_3.jpeg)

![](_page_39_Picture_4.jpeg)

![](_page_39_Picture_5.jpeg)

![](_page_39_Picture_7.jpeg)

**Ref-distribution** (MSSIM = 1)(NRMSE = 0)

![](_page_39_Picture_9.jpeg)

Ref-scan-ext-214ps MSSIM = 0.34NRMSE = 0.58

1-sided-ext-210ps-720ps MSSIM = 0.31

![](_page_39_Picture_12.jpeg)

NRMSE = 0.64

![](_page_39_Figure_14.jpeg)

NRMSE = 0.60

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#### Conclusion: Cherenkov based scanners

- Using (exclusively) Cherenkov light in TOF-PET has potential to
  - improve TOF resolution
  - reduce scanner cost (total-body)
- Experiments have demonstrated
  - CTR as low as 30 ps [Ota, Phys. Med. Biol. 64 (2019) 07LT01]
  - detection efficiency (module) of 35% [Dolenec, NIM A 952 (2020) 162327]
- No energy information available  $\rightarrow$  effect on image quality?
- Cherenkov TOF-PET scanner simulations
  - better sensitivity and CTR compensate higher scatter
  - image quality comparable to state-of-the-art
- Advanced detector geometries (2-sided top-bottom, multi-layer)
  - even better image quality

[G. Razdevšek, IEEE TRPMS (2022) DOI: 10.1109/TRPMS.2022.3202138]

![](_page_40_Picture_14.jpeg)

**Reference-scanner-214ps** 

![](_page_40_Picture_16.jpeg)

1-sided-210ps-720ps

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#### Summary

Interplay of detector R&D for particle physics and medical imaging has a long history, and this will remain one of the sources of innovation in medical imaging

Limited angle devices with very fast gamma detection look very promissing – lower cost, flexibility in use, affordable total-body scanner

Cherenkov radiation based annihilation gamma detectors offer a promising method for very fast detection and potentially cheaper devices